

All services are confidential and paid for (except medication) through a grant from the Substance Abuse and Mental Health Administration (Grant No: 1H79SM081195-010).



*A phone screen is
Confidential,
· Brief, and
· At your convenience.*

*To learn more about CORE II call toll-free at **888-284-6030**.*

Delaware CORE II is a service of the Delaware Division of Prevention and Behavioral Health Services and Delaware Division of Substance Abuse and Mental Health.



Version 181201



DELAWARE CORE II

Community Outreach, Referral and Early Intervention II

An Effective New Approach for Preventing Serious Mental Illness



Call 888-284-6030

Have you or someone you know experienced any of these?

Changes in thought or perception

- Difficulty filtering out distractions
- Disorganized thinking or speech
- Inability to tell what is real or unreal
- Marked suspicion of others
- Beliefs that are unusual or odd
- Hearing voices or seeing visions

Sudden changes in behavior

- Lost ability at school or work
- Tendency to isolate
- Changed expression or appearance
- Loss of shared interests
- Having new interests that are hard for others to relate to



What is Community Outreach, Referral and Early Intervention II?

Delaware CORE II is a program for 12-25 year olds who have had experiences, like the ones listed above. Participants in CORE II learn to...

- Recognize and manage these experiences,
- Discredit the false myths they generate,
- Exercise self-care,
- Communicate with others,
- Address problems at school or work.

What does early intervention mean?

Early intervention means recognizing and addressing these experience, and any related problems, before they get out of hand. These experiences do not need to disrupt your life.

CORE II is Available in New Castle County.



What does CORE II offer?

Delaware CORE II offers services that are combined and tailored to fit the needs of each individual, including:

- Assessment
- Family Education
- Family Groups
- Youth Groups
- Psychiatric Support
- Educational Support
- Vocational Support
- Peer support for ages 18 and above. ** In development for those under 18.*



All services (except medication) are covered by a federal grant and provided at no cost to a youth's or young adult's insurance coverage.